

# MyConnect

Personalized, convenient support along  
your health care journey

MyConnect, a Member Advocate service team, is your direct connection with Harvard Pilgrim. Available to you and your family members, whether you have questions about benefits, need help finding care or you're trying to meet your health lifestyle goals. You'll have one-on-one support, so the focus is always on your needs.\*

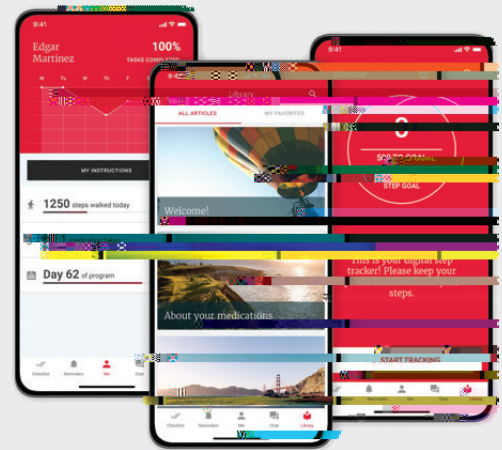
## We can help:

- › Explain your plan options during Open Enrollment so you can choose the plan

# Connect through the app or call us

## Download the app

- Download the free Harvard Pilgrim MyConnect mobile app on your smartphone or tablet. Search **"Harvard Pilgrim MyConnect"** in your device's app store, or scan the QR code on the right.
- Once the app is installed, tap, Sign Up.
- Enter the access code **HPMyConnect**, your date of birth and your Harvard Pilgrim member ID number.
- Complete your profile and start discovering the app. **Apple device users:** Make sure you enable push notifications to receive alerts about messages and reminders from your MyConnect team.



Need help downloading or using the app?

Email [help@wellframe.com](mailto:help@wellframe.com) or call **844-452-4085**.